

#### Roxley Hall, Yarmouth Road, Thorpe St Andrew, NR7 0QF Tel/Fax: (01603) 701048 Email: <u>office@thorpestandrew-tc.gov.uk</u>

#### **Notice of Council Meeting**

You are hereby summoned to attend the meeting of Thorpe St Andrew Town Council to be held at Roxley Hall on Monday 3<sup>rd</sup> June at 7.30pm for the purpose of transacting the following business. *M Barron* 

Michelle Barron Issued 29.05.2024

# AGENDA

- 1 Attendance book and apologies for absence.
- 2 Declarations of interest in items on the Agenda.
- **3** To confirm the minutes of the Town council meeting held on Monday 13<sup>th</sup> May 2024 Page 1-6
- 4 Announcements (for information only)
  - 4.1 The Town Mayor
  - 4.2 The Town Clerk
- 5 Public Participation To consider a motion to suspend the meeting to allow members of the public the opportunity to address the meeting limited to 3 minutes each.
  - 5.1 Norfolk Constabulary
  - 5.2 County and District Councillors
  - 5.3 Members of the Public

## 7 Finance

- 7.1 Payments List attached VR No's 98 187 Page 7-10
- 7.2 Bank Reconciliation Statement attached Page 11
- 7.3 AGAR attached Page 12-14
- 8 **Replacement Workshop** for consideration and resolution
  - To consider quotes for the replacement workshop Page 15-22
- 9 Window for the premises of Bishy Barney Boat Hire Cllr Dale Wiseman
- **10 Proposal for Parkrun to be held at Fitzmaurice Park** Cllr Calix Eden Page 23-16
- 11 Event Updates
  - D Day 80
  - Midsummer Music Event
- 12 Exclusion of Press and Public

To consider a motion to exclude press and public under the public bodies Admission to meetings Act 1960.

13 River Green Lease matters – Legal advice update Future Agenda Items (Not for Discussion)

#### **Chief Executive Officer – Michelle Barron**

Thorpe St Andrew Town Council, Town Hall, Pound Lane, Thorpe St Andrew, NR7 OUL Tel: 01603 701048 Email: <u>office@thorpestandrew-tc.gov.uk</u> Website: www.thorpestandrew-tc.gov.uk

# THORPE ST ANDREW TOWN COUNCIL MINUTES OF THE ANNUAL TOWN COUNCIL MEETING HELD ON 13 MAY 2024 AT 7:30PM

#### 1. ELECTION OF TOWN MAYOR

It was proposed by Mr J Fisher, seconded by Mr P Berry and duly unanimously **RESOLVED** that Mr F Bowe be appointed as Town Mayor. Mr F Bowe signed the acceptance of office form.

#### 2. ELECTION OF DEPUTY TOWN MAYOR

It was proposed by Mr J Fisher, seconded by Mr P Berry and duly unanimously **RESOLVED** that Mr S Snelling be appointed as Deputy Town Mayor. Mr S Snelling signed the acceptance of office form.

#### 3. COMMITTEE/WORKING GROUP TERMS OF REFERENCE AND MEMBERSHIPS

Members considered the report of the Chief Executive Officer inviting them to approve the Terms of Reference of Committees of the Town Council.

**RESOLVED** to approve the Terms of Reference for the Planning and Environment Committee and Finance and Staffing Committee as set out in the report.

## **Membership of Committees**

**RESOLVED** that membership of Town Council Committees/Panels for 2024/25 would be as follows:

**Planning & Environment Committee:** Mr J Fisher, Mr F Bowe, Mr S Snelling, Ms C Ferris, Mr D Buck, Mr D Wiseman, Mr P Berry

**Finance & Staffing Committee:** Mr J Emsell, Mr F Bowe, Mr S Snelling, Mr S Court, Mr J Ward, Ms L Barrett, Mrs L Skinner, Mrs M Friend, Mr P Berry

## 4. APPOINTMENT TO MEMBER CHAMPION POSITIONS AND ALLOTMENT PANEL

**RESOLVED** to re-appoint Mr F Bowe as the Member Champion for Armed Forces. **RESOLVED** to re-appoint Mr S Snelling as the Member Champion for Dementia Support.

**RESOLVED** to appoint the following members to the Allotment Panel: Mr F Bowe, Mr S Court, Mr D Buck and Mr J Fisher as reserve member.

## 5. PRESENT:

Mr F Bowe (Town Mayor) Mr D Wiseman Mr D Buck Ms C Ferris Ms L Barrett Mrs M Friend Mr J Ward Mr T Garner Mr S Snelling (Deputy Town Mayor) Mr S Court Mr J Fisher Ms J Bailey Mr J Emsell Mr C Eden Mr P Berry

## Apologies: Mrs L Skinner

## In attendance:

Mrs M Barron (CEO), Mrs R McCarthy (OM and RFO), Mrs D Wheatley (Administrative and Communication Officer), Mrs L Weston (Administration and Committee Officer), Mr J Calver (Parks and Estates Manager) and five members of the public were present.

## 6. DECLARATIONS OF INTEREST

Cllr Snelling declared an interest in agenda item 13.

## 7. TO CONFIRM THE MINUTES OF THE TOWN COUNCIL MEETING HELD ON 4 MARCH 2024

The minutes of the meeting held on 4 March 2024 were agreed and signed as a true record.

## 8. TO CONFIRM THE MINUTES OF THE TOWN COUNCIL MEETING HELD ON 8 APRIL 2024

The minutes of the meeting held on 8 April 2024 were agreed and signed as a true record.

# 9. ANNOUNCEMENTS (For information only)

- (i) The Town Mayor Report as tabled earlier for the Annual Public Meeting
- (ii) The Town Clerk Update on the LED Street Lights application, the Public Loan Board has a few minor queries, we should know very soon whether we can go ahead with the works, which should save the council a huge amount of money. Neighbourhood Plan referendum passed with 87.4% support of the people that voted and will be formerly adopted by BDC on 29 July 2024. Lastly, an onsite meeting took place with the play area contractor and unless anything drastic happens, it's fully expected to have the play area in place for the summer holidays.

## **10.PUBLIC PARTICIPATION (Limited to 3 minutes per speaker)**

- (i) Norfolk Constabulary Report received at the Annual Public Meeting
- (ii) County and District Councillors Members noted the report as tabled by Cllr Ward along with the verbal report dated 12 May, updating members on the highlights for the last year and the key priorities for this year.

Cllr Eden raised concerns from parents over the potential costs that Thorpe school is considering charging the new intake of pupils for Chrome Books. This was confirmed by other members and office staff who had heard similar. The CEO advised that the council has no control over this issue but advised that FOI requests have been submitted to the school and that the school had underestimated the fall out.

Cllr Wiseman visited Cllr Skinner at the playgroup based at the Town Hall, being very impressed with the set up and energy levels of the staff. Cllr Berry reported that the traffic situation at the top of Harvey Lane and Gordon Avenue has recently improved and the untaxed vehicles have been moved.

(iii) A member of the public asked a question about the boat inspections at River Green and who would be paying for these. As this was a question for BDC, Cllr Bailey was able to answer on their behalf. The same member of public asked if the council was setting up a Ltd Company, the CEO was able to confirm that it was.

#### **11. FINANCE**

(i) Financial Statement 1/4/23 to 31/3/24 -

**RESOLVED** that the financial Statement be approved and signed.

(ii) Variance Notes -for the financial statement 1/4/23 to 31/3/24 - **RESOLVED** that the Variances be approved.

(iii) Income, Expenditure, balance Sheet and Adjustments 1/4/23 to 31/3/24 - **RESOLVED** to approve these submissions.

(iv) End of Year earmarked reserves – the RFO provided members with full details of the Earmarked Reserves, which included an update on the Anglian Water allotment issues at both sites. Cllr Snelling highlighted the improved interest rates and now would be the time to explore the best rates to get a reasonable return on the reserves.

**RESOLVED** to approve the Reserves.

(v) Payments List as tabled,**RESOLVED** to approve the Payments List.

(vi) Bank Reconciliation Statement as at 31/3/24

**RESOLVED** to approve and sign the Bank Reconciliation Statement.

(vii) Insurance and Assets – No disposals during 23/24 and the new additions recorded,

**RESOLVED** to approve the Assets register.

## 12. POLICIES – For Review

#### a) Constitution

The Town Council considered the report of the CEO relating to the Town Council Constitution.

It was **RESOLVED** unanimously to approve the Constitution as presented.

#### b) Standing Orders

The Town Council considered the report of the CEO relating to the Town Council Standing Orders.

It was **RESOLVED** unanimously to approve the Standing Orders as presented.

#### c) Financial Regulations – members advised of two amendments.

The Town Council considered the report of the CEO relating to the Town Council Financial Regulations.

It was **RESOLVED** unanimously to approve the Financial Regulations as presented.

#### d) Annual Administration

The Town Council considered the report of the CEO relating to the Town Council Annual Administration.

It was **RESOLVED** unanimously to approve the Annual Administration as presented.

#### e) Complaints Policy Documents

The Town Council considered the report of the CEO relating to the Town Council Complaints Policy.

It was **RESOLVED** unanimously to approve the Complaints Policy as presented.

## f) Information and Data Protection Policy

The Town Council considered the report of the CEO relating to the Town Council Information and Data Protection Policy.

It was **RESOLVED** unanimously to approve the Information and Data Protection Policy as presented.

## g) Vexatious requests and publication scheme

The Town Council considered the report of the CEO relating to the Town Council Vexatious requests and publication scheme.

It was **RESOLVED** unanimously to approve the Vexatious requests and publication scheme as presented.

## h) Media Policy

The Town Council considered the report of the CEO relating to the Town Council Media Policy.

It was **RESOLVED** unanimously to approve the Media Policy as presented.

## i) Scheme of Delegation

The Town Council considered the report of the CEO relating to the Town Council Scheme of Delegation.

It was **RESOLVED** unanimously to approve the Scheme of Delegation as presented.

j) CCTV Policy – members advised of an amendment.

The Town Council considered the report of the CEO relating to the Town Council CCTV Policy.

It was **RESOLVED** unanimously to approve the CCTV Policy as presented.

**k)** Open Green Spaces Memorial Policy – members advised of an amendment. The Town Council considered the report of the CEO relating to the Town Council Open Green Spaces Memorial Policy.

It was **RESOLVED** unanimously to approve the Open Green Spaces Memorial Policy as presented.

#### l) Code of Conduct

The Town Council considered the report of the CEO relating to the Town Council Code of Conduct.

It was **RESOLVED** unanimously to approve the Code of Conduct as presented.

#### m) Health and Safety Policy Statement

The Town Council considered the report of the CEO relating to the Town Council Health and Safety Policy Statement.

It was **RESOLVED** unanimously to approve the Health and Safety Policy Statement as presented.

#### 13. Dementia Support Group Governance Agreement-tabled.

Members noted the report to formalise the existence of the Dementia Support Group by setting up a new committee of volunteers and officers, with a constitution that meets the aims and objectives of the group. Cllr Snelling thought it an ideal time to pass over the responsibility to volunteers, with a custodial agreement and the CEO concurred.

Cllr Eden gave thanks to the Deputy Mayor, Debbie Wheatley and the Town Council, the group is going from strength to strength and he's pleased to support the group with part of his Cllr grant.

It was **RESOLVED** to accept the new proposal and constitution.

#### 14. Correspondence:

A: Request for traffic calming – Dussindale Drive

The RFO briefed the members of a call received from a resident who wished for speed bumps to be installed along Dussindale Drive, before each roundabout, and asked for Council to champion it with Highways.

B: Request for car parking off Whitlingham Lane

The correspondence was noted and discussed. The CEO will contact the person to discuss again.

C: Request for 20mph on Yarmouth Road

The correspondence was noted and discussed. It was felt that the impact of the redevelopment of the bus route along Yarmouth Road would need to be known.

D: Correspondence from Landowner regarding use of space Correspondence was noted and Cllr Emsell asked the CEO to organise a site visit to clarify the plan, as there are concerns with crossing the railway line with children. The CEO will make enquiries with the landowner for a site visit, which will be open to Cllrs who are available to attend.

#### Meeting Closed at 8:48pm

Signed: .....

Dated: .....

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Vouche	Code	Date	Minute	Bank	Cheque No	Description	Supplier	VAT Type	Net	VAT	Total
98	Morse Pavilion	01/05/2024		Bank 1 Current Accor	BACS	Drain Inspection	Blockbuster Drain Servi	ice S	130.00	26.00	156.00
99	Asset replacement	01/05/2024		Bank 1 Current Accor	BACS	Purchase of Truck	Bussey & Sabberton	S	11,900.00	2,380.00	14,280.00
100	Training and H & S	01/05/2024		Bank 1 Current Accor	BACS	NEBOSH Training	Jarrold Training	s	1,795.00	359.00	2,154.00
101	Cleaning bus shelters	01/05/2024		Bank 1 Current Acco	BACS	Cleaning bus shelters	Mr R Marmoy	х	140.00		140.00
102	HR Costs	01/05/2024		Bank 1 Current Acco	BACS	HR Services	Neathouse	S	3,061.80	612.36	3,674.16
103	Subscriptions	01/05/2024		Bank 1 Current Accor	BACS	Bookings Subscription	Scribe Accounts	S	849.60	169.92	1,019.52
104	Insurance	01/05/2024		Bank 1 Current Accor	BACS	Insurance renewal	Zurich Municipal	S	11,418.44	412.22	11,830.66
105	Park maintenance	10/05/2024		Bank 1 Current Accor	BACS	Plants	British Garden Centres	s	191.27	20.68	211.95
105	Park maintenance	10/05/2024		Bank 1 Current Accor	BACS	Plants	British Garden Centres	S	110.92	20.69	131.61
106	Electricity (Toilets)	10/05/2024		Bank 1 Current Acco	BACS	Electricity - River Green Toilel	TotalEnergies Gas & Po	wer L	43.48	2.17	45.65
107	S137 payments and donations	10/05/2024		Bank 1 Current Accor	BACS	Water Charges - Cemetery	Wave	х	65.29		65.29
108	Water charges	10/05/2024		Bank 1 Current Accor	BACS	Water charges - Roxley Hall	Wave	z	228.54		228.54
109	Field Maintenance Contract	10/05/2024		Bank 1 Current Accor	BACS	Grounds Maintenance	Norse	S	1,475.69	295.14	1,770.83
110	Cleaning	10/05/2024		Bank 1 Current Acco	BACS	Cleaning Services	Norwich Cleaning Servi	ces S	630.24	126.05	756,29
110	Cleaning (Toilets)	10/05/2024		Bank 1 Current Acco	BACS	Cleaning Services	Norwich Cleaning Servi	ces S	630.24	126.05	756.29
110	Cleaning and cleaning material:	10/05/2024		Bank 1 Current Acco	BACS	Cleaning Services	Norwich Cleaning Servi	ces S	630.24	126.05	756.29
111	Cleaning	10/05/2024		Bank 1 Current Acco	BACS	Waste Bags	Polybags Ltd	s	144.53	28.91	173.44
111	River Green maintenance	10/05/2024		Bank 1 Current Acco	BACS	Waste Bags	Polybags Ltd	S	144.53	28.91	173.44
111	Cleaning	10/05/2024		Bank 1 Current Acco	BACS	Waste Bags	Polybags Ltd	S	144.53	28.91	173.44
111	Cleaning and cleaning material	10/05/2024		Bank 1 Current Acco	BACS	Waste Bags	Polybags Ltd	S	144,54	28,90	173,44
112	Water rates	10/05/2024		Bank 1 Current Acco	BACS	Water charges - Morse	Wave	х	90.34		90.34
113	Salary	13/05/2024		Bank 1 Current Acco	BACS	Salary		х	2,006.05		2,006.05
114	Salary	13/05/2024	2	Bank 1 Current Acco	BACS	Salary		х	1,680.07		1,680.07
115	Salary	13/05/2024		Bank 1 Current Accor	BACS	Salary		х	1,702.67		1,702.67
116	Salary	13/05/2024		Bank 1 Current Acco	BACS	Salary		х	2,284.27		2,284.27
117	Salary	13/05/2024		Bank 1 Current Acco	BACS	Salary		х	1,455.92		1,455.92
118	Salary	13/05/2024		Bank 1 Current Acco	BACS	Salary		х	1,460.78		1,460.78
119	Salary	13/05/2024		Bank 1 Current Acco	BACS	Salary		х	3,248.59		3,248.59
120	Salary	13/05/2024		Bank 1 Current Acco	BACS	Salary		х	407.11		407.11
121	Salary	13/05/2024		Bank 1 Current Acco	BACS	tax/nic	HMRC	х	440.20		440.20
122	Employers NIC	13/05/2024		Bank 1 Current Acco	BACS	employers nic	HMRC	x	264.27		264.27
123	Salary	13/05/2024		Bank 1 Current Acco	BACS	tax/nic	HMRC	x	259.04		259.04
124	Employers NIC	13/05/2024		Bank 1 Current Acco	BACS	employers nic	HMRC	x	179.47		179.47
125	Salary	13/05/2024		Bank 1 Current Acco	BACS	tax nic	HMRC	x	236.44		236.44
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Vouche	Code	Date	Minute	Bank	Cheque No	Description	Supplier	VAT Type	Net	VAT	Total
126	Employers NIC	13/05/2024		Bank 1 Current Accor	BACS	employers nic	HMRC	x	179.47		179,47
127	Salary	13/05/2024		Bank 1 Current Accor	BACS	tax nic	HMRC	х	500,86		500.86
128	Employers NIC	13/05/2024		Bank 1 Current Accou	BACS	employers nic	HMRC	x	306.46		306.46
129	Salary	13/05/2024		Bank 1 Current Acco	BACS	Tax NI	HMRC	x	170.05		170.05
130	Employers NIC	13/05/2024		Bank 1 Current Accor	BACS	Employers NIC	HMRC	х	133.59		133.59
131	Salary	13/05/2024		Bank 1 Current Acco	BACS	Tax NI	HMRC	х	111.49		111.49
132	Employers NIC	13/05/2024		Bank 1 Current Acco	BACS	Employers NIC	HMRC	х	125.73		125.73
133	Salary	13/05/2024		Bank 1 Current Acco	BACS	Tax NI	HMRC	х	101.80		101.80
134	Salary	13/05/2024		Bank 1 Current Acco	BACS	Tax NI	HMRC	х	595.75		595.75
135	Employers NIC	13/05/2024		Bank 1 Current Acco	BACS	Employers NIC	HMRC	х	464.62		464.62
136	Student Loan	13/05/2024		Bank 1 Current Acco:	BACS	Student Loan	HMRC	x	53.00		53.00
137	Salary	13/05/2024		Bank 1 Current Acco	BACS	pension	Norfolk Pension Fund	х	173.75		173.75
138	Pension Employer	13/05/2024		Bank 1 Current Acco	BACS	pension employer	Norfolk Pension Fund	x	614.79		614.79
139	Salary	13/05/2024		Bank 1 Current Acco	BACS	pension	Norfolk Pension Fund	х	119.39		119.39
140	Pension Employer	13/05/2024		Bank 1 Current Accor	BACS	pension employer	Norfolk Pension Fund	х	473,46		473.46
141	Salary	13/05/2024		Bank 1 Current Acco	BACS	pension	Norfolk Pension Fund	х	119.39		119.39
142	Pension Employer	13/05/2024		Bank 1 Current Acco:	BACS	employers pension	Norfolk Pension Fund	х	473.46		473.46
143	Salary	13/05/2024		Bank 1 Current Accor	BACS	pension	Norfolk Pension Fund	х	193.62		193.62
144	Pension Employer	13/05/2024		Bank 1 Current Acco	BACS	employers pension	Norfolk Pension Fund	x	685,11		685,11
145	Salary	13/05/2024		Bank 1 Current Acco	BACS	Pension	Norfolk Pension Fund	x	96.81		96,81
146	Employers Pension	13/05/2024		Bank 1 Current Acco	BACS	Employers Pension	Norfolk Pension Fund	x	383,89		383.89
147	Salary	13/05/2024		Bank 1 Current Acco:	BACS	Pension	Norfolk Pension Fund	x	100,11		100.11
148	Pension Employer	13/05/2024		Bank 1 Current Acco	BACS	Employers Pension	Norfolk Pension Fund	x	397,00		397.00
149	Salary	13/05/2024		Bank 1 Current Accor	BACS	Pension	Norfolk Pension Fund	x	29.62		29.62
150	Employers Pension	13/05/2024		Bank 1 Current Acco	BACS	Employers Pension	Norfolk Pension Fund	х	123.86		123.86
151	Salary	13/05/2024		Bank 1 Current Accor	BACS	Pension	Norfolk Pension Fund	x	280.49		280.49
152	Pension Employer	13/05/2024		Bank 1 Current Accor	BACS	Employers Pension	Norfolk Pension Fund	x	948,71		948.71
153	Gas	02/05/2024		Bank 1 Current Acco	DD	Gas - Morse Pavilion	SSE	L	151.30	7.57	158.87
154	Equipment Hire	07/05/2024		Bank 1 Current Acco	DD	Lease payment	Novuna Business Finan	ce S	654.00	130.80	784.80
155	Electricity	13/05/2024		Bank 1 Current Accor	BACS	Electricity - River Green	British Gas	L	1.30	0.06	1.36
156	Electricity	13/05/2024		Bank 1 Current Accor	DD	Electricity - Morse Pavilion	SSE	Ł	234.66	11.73	246.39
157		14/05/2024		Bank 1 Current Acco	DD	Fuel	Fuel Genie	S	196.41	39,27	235.68
	Fuel & machinery maintenance	14/05/2024		Bank 1 Current Acco	DD	Fuel	Fuel Genie	S	71.85	14.36	86.21
158	Audit	16/05/2024		Bank 1 Current Acco	BACS	Internal Audit	Mr R Canwell	х	135.00		135.00
159	Maintenance contract	16/05/2024		Bank 1 Current Acco	BACS	Streetlighting Contract	Cozens UK Ltd	S	400.00	80.00	480.00

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Vouche	Code	Date	Minute	Bank	Cheque No	Description	Supplier	VAT Туре	Net	VAT	Total
160	Electricity	16/05/2024		Bank 1 Current Accor	BACS	Electricity - River Green	E.on	L	157.53	7.88	165.41
161	Legal charges	16/05/2024		Bank 1 Current Acco	BACS	Legal fees	Norfolk County Council	S	269.40	53.88	323.28
162	Energy charge	16/05/2024		Bank 1 Current Accor	BACS	Streetlighting Energy Charge	TotalEnergies Gas & Pr	ower S	4,430.34	886.06	5,316.40
163	Park maintenance	16/05/2024		Bank 1 Current Acco	BACS	Bedding plants	Taverham Nursery Cer	itre Z	148.22		148.22
163	Repairs and maintenance	16/05/2024		Bank 1 Current Accor	BACS	Bedding plants	Taverham Nursery Cer		150.59	30.13	180.72
164	Subscriptions	15/05/2024		Bank 1 Current Acco	Credit Card	Adobe Subscription	Adobe	s	16.64	3.33	19.97
164	Subscriptions	15/05/2024		Bank 1 Current Accor	Credit Card	Adobe Subscription	Adobe	х	26.49		26,49
165	Roxley Hali	15/05/2024		Bank 1 Current Acco	Credit Card	Refund overpayment	Instanta	S	-139.15	-27.83	-166.98
166	Stationery	15/05/2024		Bank 1 Current Accor	Credit Card	Miscellaneous	Amazon	S	3.50	0.70	4.20
	Town Hall	15/05/2024		Bank 1 Current Accor	Credit Card	Miscellaneous	Amazon	Ε	9.99		9.99
166	Morse Pavilion	15/05/2024		Bank 1 Current Acco	Credit Card	Miscellaneous	Amazon	Е	10.00		10.00
167	Commemorative Events	15/05/2024		Bank 1 Current Accor	Credit Card	Flags	Newton Newton Flags	Ltd S	62.00	12.40	74.40
168	Sales	15/05/2024		Bank 1 Current Acco	Credit Card	Facebook Advertising	Facebook Ads	x	15.11		15.11
169	Stationery	15/05/2024		Bank 1 Current Accor	Credit Card	Paper	Amazon	s	18.32	3.67	21.99
170	Telephone	15/05/2024		Bank 1 Current Acco	Credit Card	Microsoft Teams	Microsoft	E	19.68		19.68
170	Telephone	15/05/2024		Bank 1 Current Accor	Credit Card	Microsoft Teams	Microsoft	E	24.60		24.60
171	Training and H & S	15/05/2024		Bank 1 Current Acco	Credit Card	Training Course	Virtual College	s	290.00	58.00	348.00
172	Postage	15/05/2024		Bank 1 Current Acco	Credit Card	Postage	Royal Mail	Е	4.19		4,19
173	Telephone	15/05/2024		Bank 1 Current Accor	Credit Card	WiFi	Voxi	х	20.00		20.00
173	Telephone	15/05/2024		Bank 1 Current Acco	Credit Card	WiFi	Voxi	x	20.00		20.00
174	Gas	16/05/2024		Bank 1 Current Accor	DD	Gas - Morse Pavilion	SSE	L	119,53	5,98	125.51
175	Telephone	22/05/2024		Bank 1 Current Accor	DD	Barrier line rental	Wireless Logic Ltd	s	4.32	0,86	5.18
176	Cleaning bus shelters	24/05/2024		Bank 1 Current Accor	BACS	Cleaning bus shelters	Mr R Marmoy	x	145.00		145.00
177	Bottle Bank	24/05/2024		Bank 1 Current Accor	DD	Bottle bank	URM UK	s	32,40	6,48	38.88
178	WiFi	24/05/2024		Bank 1 Current Accor	BACS	WiFi	Virgin Media Business	S	39,00	7.80	46.80
179	Uniform	24/05/2024		Bank 1 Current Accor	BACS	Uniform/Sundries	DD Health & Safety Sup	olic S	26.29	5.26	31.55
179	Health & Safety	24/05/2024		Bank 1 Current Acco	BACS	Uniform/Sundries	DD Health & Safety Sup		22.20	4.44	26.64
180	Park maintenance	24/05/2024		Bank 1 Current Accor	BACS	Compost & Topsoil	Baileys of Norfolk	S	166.00	33.20	199.20
181	River Green Lights	24/05/2024		Bank 1 Current Accor	BACS	Loan Payment	Public Works Loan Boan	d X	1,783.14	55125	1,783.14
182	Town Hall	24/05/2024		Bank 1 Current Acco	BACS	Bin Cleaning	ComBin Ltd	s	135.00	27.00	162.00
182	Morse Pavilion	24/05/2024		Bank 1 Current Accor	BACS	Bin Cleaning	ComBin Ltd	S	135.00	27.00	162.00
183	Vehicle Maintenance	24/05/2024		Bank 1 Current Acco	BACS	Replacement Tyres	Electric Wheels	s	607.00	121.40	728.40
184	Tennis Court Maintenance	24/05/2024		Bank 1 Current Acco	BACS	Signage	Imprint Signs & Graphic		51.96	10.39	62.35
185	Telephone	28/05/2024		Bank 1 Current Accor	DD	Mobile Telephones	Three	S	12.18	2.44	
185	Telephone	28/05/2024		Bank 1 Current Accor	DD	Mobile Telephones	Three	S	24.36	2.44 4.87	14.62 29.23
								-	- 1129	1.07	27.23

Vouc	he Code	Date	Minute	Bank	Cheque No	Description	Supplier	VAT Type	Net	VAT	Total
1	86 Bank charges	28/05/2024		Bank 1 Current Acco	DD	Bank charges	LLoyds Bank	E	7.00		7.00
1	87 Wheeled/litter/dog bins	29/05/2024		Bank 1 Deposit Acco	DD	Commercial Waste	Veolia	s	148.99	29.80	178.79
1	87 Wheeled/litter/dog bins	29/05/2024		Bank 1 Deposit Acco	DD	Commercial Waste	Veolia	S	196.11	39,22	235.33
							T	otal	68,607.83	6,430.11	75,037.94

.

# **Thorpe St Andrew Town Council**

Approved by:

Prepared by: Rochel McCarthy RFO Date: 29/05/24 Name and Role (Clerk/RFO etc)

Date:

Name and Role (RFO/Chair of Finance etc)

	Bank Reconciliation at 29/	05/2024		
	Cash in Hand 01/04/2024			389,619.49
	<b>ADD</b> Receipts 01/04/2024 - 29/05/2024	4		359,797.38
	<b>SUBTRACT</b> Payments 01/04/2024 - 29/05/20;		749,416.87 134,301.59	
A	<b>Cash in Hand 29/05/2024</b> (per Cash Book)			615,115.28
	Cash in hand per Bank Statemen	ts		
	Petty Cash	29/05/2024	100.00	
	Bank 1 Current Account	29/05/2024	30,484.45	
	Bank 1 Deposit Account	29/05/2024	528,407.95	
	Bank 2 Capital Account	29/05/2024	56,122.88	615,115.2
	Less unpresented payments			
	Plus unpresented receipts			615,115.28
в				CAE 445 0
<u> </u>	Adjusted Bank Balance			615,115.28
	A = B Checks out OK			

# Annual Internal Audit Report 2023/24

### THORPE ST ANDREW TOWN COUNCIL

#### www.thorpestandrew-tc.gov.uk

**During** the financial year ended 31 March 2024, this authority's internal auditor acting independently and on the basis of an assessment of risk, carried out a selective assessment of compliance with the relevant procedures and controls in operation and obtained appropriate evidence from the authority.

The internal audit for 2023/24 has been carried out in accordance with this authority's needs and planned coverage. On the basis of the findings in the areas examined, the internal audit conclusions are summarised in this table. Set out below are the objectives of internal control and alongside are the internal audit conclusions on whether, in all significant respects, the control objectives were being achieved throughout the financial year to a standard adequate to meet the needs of this authority.

1	internal control objective	Yes	No*	Not covered**
1	A. Appropriate accounting records have been properly kept throughout the financial year.	TV-	110	i senered
Ľ	B. This authority complied with its financial regulations, payments were supported by invoices, all expenditure was approved and VAT was appropriately accounted for.	V	-	
1	<ol> <li>This authority assessed the significant risks to achieving its objectives and reviewed the adequacy of arrangements to manage these.</li> </ol>	$\overline{\nabla}$		
1	D. The precept or rates requirement resulted from an adequate budgetary process; progress against the budget was regularly monitored; and reserves were appropriate.	V		
	E. Expected income was fully received, based on correct prices, properly recorded and promptly banked; and VAT was appropriately accounted for.	$\checkmark$		
F	Petty cash payments were properly supported by receipts, all petty cash expenditure was approved and VAT appropriately accounted for.	$\overline{}$		
G	Salaries to employees and allowances to members were paid in accordance with this authority's approvals, and PAYE and NI requirements were properly applied.	$\checkmark$		
H	. Asset and investments registers were complete and accurate and properly maintained.	v		
l,	Periodic bank account reconciliations were properly carried out during the year.	1	1	
	Accounting statements prepared during the year were prepared on the correct accounting basis (receipts and payments or income and expenditure), agreed to the cash book, supported by an adequate audit trail from underlying records and where appropriate debtors and creditors were properly recorded.	$\checkmark$		
к	If the authority certified itself as exempt from a limited assurance review in 2022/23, it met the exemption criteria and correctly declared itself exempt. (If the authority had a limited assurance review of its 2022/23 AGAR tick "not covered")		$\checkmark$	
L.	The authority published the required information on a website/webpage up to date at the time of the internal audit in accordance with the relevant legislation.	$\overline{\mathbf{V}}$		
M	In the year covered by this AGAR, the authority correctly provided for a period for the exercise of public rights as required by the Accounts and Audit Regulations (during the 2023-24 AGAR period, were public rights in relation to the 2022-23 AGAR evidenced by a notice on the website and/or authority approved minutes confirming the dates set).	, ,		ļ
N.	The authority has complied with the publication requirements for 2022/23 AGAR (see AGAR Page 1 Guidance Notes).	1	j	
0.	(For local councils only) Trust funds (including charitable) – The council met its responsibilities as a trustee.	Yes	No N	ot applicable

For any other risk areas identified by this authority adequate controls existed (list any other risk areas on separate sheets if needed).

Date(s) internal audit undertaken

The second se

14 024

Name of person who carried out the internal audit

Signature of person who carried out the internal audit

ROGER F. CANWELL 14/5/2024 Date

\*If the response is 'no' please state the implications and action being taken to address any weakness in control identified (add separate sheets if needed).

\*\*Note: If the response is 'not covered' please state when the most recent internal audit work was done in this area and when it is next planned; or, if coverage is not required, the annual internal audit report must explain why not (add separate sheets if needed).

## Section 1 – Annual Governance Statement 2023/24

We acknowledge as the members of:

THORPE ST ANDREW TOWN COUNCIL

our responsibility for ensuring that there is a sound system of internal control, including arrangements for the preparation of the Accounting Statements. We confirm, to the best of our knowledge and belief, with respect to the Accounting Statements for the year ended 31 March 2024, that:

	Ag	reed	547	and the second se	
	Yes	No-	'Yes'ı	nears that this authority:	
<ol> <li>We have put in place arrangements for effective financial management during the year, and for the preparation of the accounting statements.</li> </ol>	$\checkmark$			red its accounting statements in accordance he Accounts and Audit Regulations.	
<ol><li>We maintained an adequate system of internal control including measures designed to prevent and detect fraud and corruption and reviewed its effectiveness.</li></ol>	$\checkmark$			proper arrangements and accepted responsibility leguarding the public money and resources in trge.	
3. We took all reasonable steps to assure ourselves that there are no matters of actual or potential non-compliance with laws, regulations and Proper Practices that could have a significant financial effect on the ability of this authority to conduct its business or manage its finances.	antial complied with Proper Practices in doing so.				
4. We provided proper opportunity during the year for the exercise of electors' rights in accordance with the requirements of the Accounts and Audit Regulations.	$\checkmark$			the year gave all persons interested the opportunity to t and ask questions about this authority's accounts.	
5. We carried out an assessment of the risks facing this authority and took appropriate steps to manage those risks, including the introduction of internal controls and/or external insurance cover where required.	$\checkmark$		considered and documented the financial and other risks it faces and dealt with them properly.		
<ol> <li>We maintained throughout the year an adequate and effective system of internal audit of the accounting records and control systems.</li> </ol>	$\checkmark$		arranged for a competent person, independent of the financial controls and procedures, to give an objective view on whether internal controls meet the needs of this smaller authority.		
<ol> <li>We took appropriate action on all matters raised in reports from internal and external audit.</li> </ol>	$\checkmark$		responded to matters brought to its attention by internal and external audit.		
8. We considered whether any litigation, liabilities or commitments, events or transactions, occurring either during or after the year-end, have a financial impact on this authority and, where appropriate, have included them in the accounting statements.	$\checkmark$		disclosed everything it should have about its business activity during the year including events taking place after the year end if relevant.		
b. (For local councils only) Trust funds including charitable. In our capacity as the sole managing trustee we discharged our accountability responsibilities for the fund(s)/assets, including financial reporting and, if required, independent examination or audit.	Yes	No	N/A	has met all of its responsibilities where, as a body corporate, it is a sole managing trustee of a local trust or trusts.	

\*Please provide explanations to the external auditor on a separate sheet for each 'No' response and describe how the authority will address the weaknesses identified. These sheets must be published with the Annual Governance Statement.

This Annual Governance Statement was approved at a meeting of the authority on:

Signed by the Chair and Clerk of the meeting where approval was given:

and recorded as minute reference:

Chair

Clerk

www.thorpestandrew-tc.gov.uk

# Section 2 – Accounting Statements 2023/24 for

# THORPE ST ANDREW TOWN COUNCIL.

	Ye	er ending	Notes and guidance			
	31 March 2023 £	31 March 2024 £	Please round all figures to nearest £1. Do not leave any boxes blank and report £0 or Nil balances. All figures mu agree to underlying financial records.			
1. Balances brought forward	362 279	400 737	Total balances and reserves at the beginning of the year as recorded in the financial records. Value must agree to Box 7 of previous year.			
2. (+) Precept or Rates and Levies	534 569	550 654	Total amount of precept (or for IDBs rates and levies) received or receivable in the year. Exclude any grants received.			
3. (+) Total other receipts	220 811	136 814-	Total income or receipts as recorded in the cashbook less the precept or rates/levies received (line 2). Include any grants received.			
4. (-) Staff costs	(254 404)	(291693)	Total expenditure or payments made to and on behalf of all employees. Include gross salaries and wages, employers NI contributions, employers pension contributions, gratuities and severance payments.			
<ol> <li>(-) Loan interest/capital repayments</li> </ol>	(25622)	(26 806)	Total expenditure or payments of capital and interest made during the year on the authority's borrowings (if any)			
6. (-) All other payments	(436 895)	(358 625)	Total expenditure or payments as recorded in the cash- book less staff costs (line 4) and loan interest/capital repayments (line 5).			
<ul> <li>(=) Balances carried forward</li> </ul>	400 737	411.081	Total balances and reserves at the end of the year. Must equal (1+2+3) - (4+5+6).			
. Total value of cash and short term investments	373158	389 619	The sum of all current and deposit bank accounts, cash holdings and short term investments held as at 31 March – <b>To agree with bank reconciliation</b> .			
. Total fixed assets plus long term investments and assets	3 629 899	3 535 030	The value of all the property the authority owns – it is made up of all its fixed assets and long term investments as at 31 March.			
0. Total borrowings	275 677	255 868	The outstanding capital balance as at 31 March of all loans from third parties (including PWLB).			

For Local Councils Only	Yes	No	N/A	
11a. Disclosure note re Trust funds (including charitable)				The Council, as a body corporate, acts as sole trustee and is responsible for managing Trust funds or assets.
11b. Disclosure note re Trust funds (including charitable)			$\checkmark$	The figures in the accounting statements above exclude any Trust transactions.

I certify that for the year ended 31 March 2024 the Accounting Statements in this Annual Governance and Accountability Return have been prepared on either a receipts and payments or income and expenditure basis following the guidance in Governance and Accountability for Smaller Authorities – a Practitioners' Guide to Proper Practices and present fairly the financial position of this authority.

Signed by Responsible Financial Officer before being presented to the authority for approval

Date

23/05/2024

Signed by Chair of the meeting where the Accounting

I confirm that these Accounting Statements were

approved by this authority on this date:

as recorded in minute reference:

Statements were approved

Annual Governance and Accountability Return 2023/24 Form 3 Local Councils, Internal Drainage Boards and other Smaller Authorities\*

# QUOTE A

Date: 9th May 2024

For the attention of: Jason Calver Norwich Norfolk NR7 0XQ

Dear Jason,

#### Re: New Agricultural Kit Building to BS5502:2 (euro code 3)

Further to your enquiry for the above project, we are pleased to confirm our estimation as attached.

#### **Specification & Estimation - See Attached:**

Our Estimation is based on the following:

- Current material price subject to notified increases from our suppliers.
- Normal working hours Monday to Friday.
- All quotations valid for 7 days from above date & subject to requote, unless otherwise stated – Due to increases in steel prices & materials.
- Price quoted held at time of order being placed & deposit received.
- Quotations subject to drawings / calculations provided by customer.
- Customer will be responsible for removal of rubbish from site.
- All our work is guaranteed for 5 years.
- All prices are subject to VAT @ current rate.
- Customer to provide off loading facilities when building is delivered (supply only), All
  deliveries are made on Artic lorry any smaller requirements may incur extra costs.
- Subject to our Terms & Conditions of sale see website for full details.

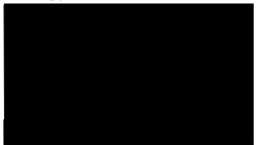
#### Conditions of Sale:

Payment is to be:

Supply only: 40% upon order 60% before delivery. Supply & Erect: 40% upon order, 50% before delivery & 10% upon completion.

We hope you find this estimation favourable & we look forward to receiving your further instructions in due course, if however, you have any queries please do not hesitate to contact us.

Assuring you of our closest attention at all times.



1

#### Steel Frame Building 15.00m x 8.00m x 5.00m

Length:	15.00m	overall steel
Span:	8.00m	overall steel
Height:	5.00m	to top of eaves
Bases:	300mm below	finished floor level
Roof Pitch:	15degrees	
Bay Sizes:	5.00m	

#### Structure Specification

Columns:	203 x 133 x 30 UB				
Rafters:	203 x 133 x 25 UB				
Gable Columns:	203 x 133 x 25 UB				
Roof Bracing:	88.9 x 3 dia CHS				
Side Bracing:	88.9 x 3 dia CHS				
Eaves Beams:	200 Galvanized M beam				
Purlins:	175 Galvanized Z purlins				
Steelwork Finish:	Painted				
Steel sizes confirmed on order & calculation.					

#### Ancillaries.

Roof:

•

To be Juniper Green .7mm box profile plastisol sheeting complete with matching flashing, Closed Ridge, 10% GRP Sky Lights.

Sides:

To be Juniper Green .5mm reverse box profile sheeting hung from Steel C Section to finished floor level to all sides excluding doorways.

Gutters:

To have Galvanized folded metal gutter system complete with down pipes to finished floor level.

Doors:

To supply 1 x 4.00m x 4.00m Galvanized Single Phase Roller Shutter Door & 1 x Steel security personnel door positions to be decided.

#### Price per Building:

Building Cost: £21000.00	
Delivery:	£750.00
Total EX Vat:	£21750.00+vat

2

#### Footings if required:

- Excavate footings 1m3 to each column spoil to remain on site.
- Supply and set in holding down bolts in concrete.
- To include all materials, machinery & labour required

Price:	£4000.00+vat **

## **Erection if required:**

- Erect Building on above footings to include all machinery & labour required
- Customer will be responsible for removal of rubbish from site.

Price:	£9000.00+vat **

\*\* Subject to Site Visit

# Agricultural • Equestrian • Industrial Steel Framed Buildings

# What we offer

- Agricultural buildings
- Industrial units
- Sports centres & golfing ranges
- Equestrian buildings & schools
- Workshops
- Storage units
- Maintenance buildings
- Manufacturing units
- Marine buildings

# Why choose us?

- Our 5 year guarantee
- Planning permission advice
- Our service from foundations through to fit
- Our fully qualified installation team
- Our 'Good Honest Pricing'
- Good advice! We get you the best solutions for your needs

Every Steel building, whether Industrial or Agricultural, custom designed to your requirements Finance Options Now Available

For our latest offers find us on social media



Quotation Ref Number:	Date:	Quote Validity:
240314130443	14/03/2024	30 Days
Customer Name:	Customer Email:	Customer Contact:
Jason Calver	jason.calver@thorpestandrew-tc.gov	07864 623236
Customer Address: Email Only	Delivery Add NR7 0XQ (Custome	r to confirm full address)

Your Building Specifications:	All framework is hot dipped <b>galvanised steel</b> to
Framing:	<b>BS EN 10346:2009 Fe E390G-Z275</b> .
Made from cold rolled Cee-section columns and	The sections are designed to <b>BS EN 1993-1-3:2006</b>
rafters. All Purlins used are <b>Top-hat sections</b> .	using a combination of rational analysis and
(Improved strength over zed purlins)	component testing.
Wall Detail:	Colour:
24mm Box Profile Wall Cladding, Single Skin. Plastisol	Juniper Green – BS No. 12B29
coated steel sheeting.	(Please see website for colour chart)
Roof Detail: 30mm Box Profile Roof Cladding, Single Skin. Plastisol coated steel sheeting. 10 degrees pitch with anti-condensation barrier and skylights.	Colour: Juniper Green - BS No. 12B29 (Please see website for colour chart)
Doors: 2x 3000mm x 3000mm Chain Operated Roller Door (Juniper Green) 1x Multi-Point Locking Secure Personnel Access Door (Juniper Green) (Hinged on Right Side) 1x Multi-Point Locking Secure Fire Door (Juniper Green) (Hinged on Right Side)	Windows: N/A
Rainwater Goods:	Fixings:
Guttering & Downpipes - <b>Gaivanised Steel</b> hot	All necessary screws (coloured cap-less finishing
dipped in Plastisol coating, Juniper Green.	screws), bolt sets, masonry anchors, screw caps,
All Base, Eaves & Ridge Fillers Included.	brackets required to erect this building are supplied.

Your Building Dimensions:

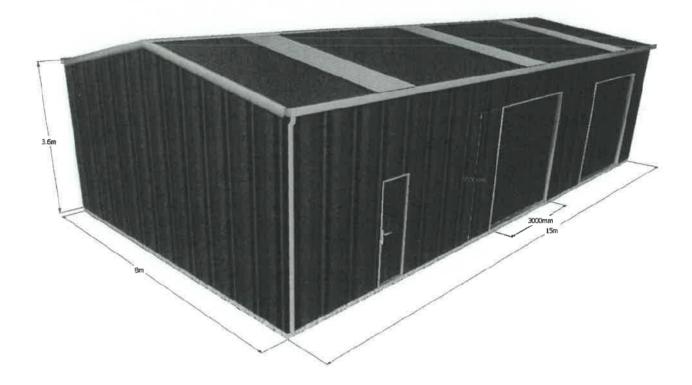
Sizes: 8m x 15m x 3.6m to eaves with a 10 degrees pitch roof. Style of Building: Single Skin Building with 2x Roller Doors, 1x PA Door & 1x Fire Door.

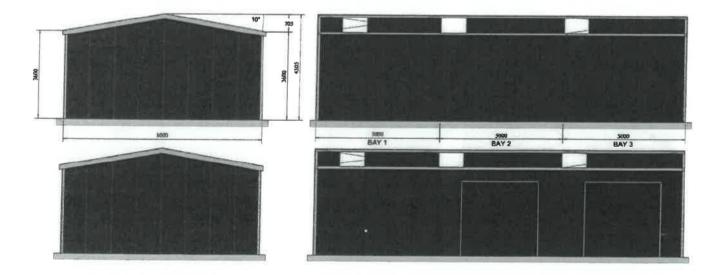
Erection Cost: £5,755.00	Supply Only: £23,775.00
(Invoiced on Completion)	
Please Note: Installation method using step ladder access.	
If step ladders are not accepted on site, cost of access hire would be	
added to installation fee, please advise.	
Estimated Base Installation Cost: Please Call	All prices are exclusive of VAT.

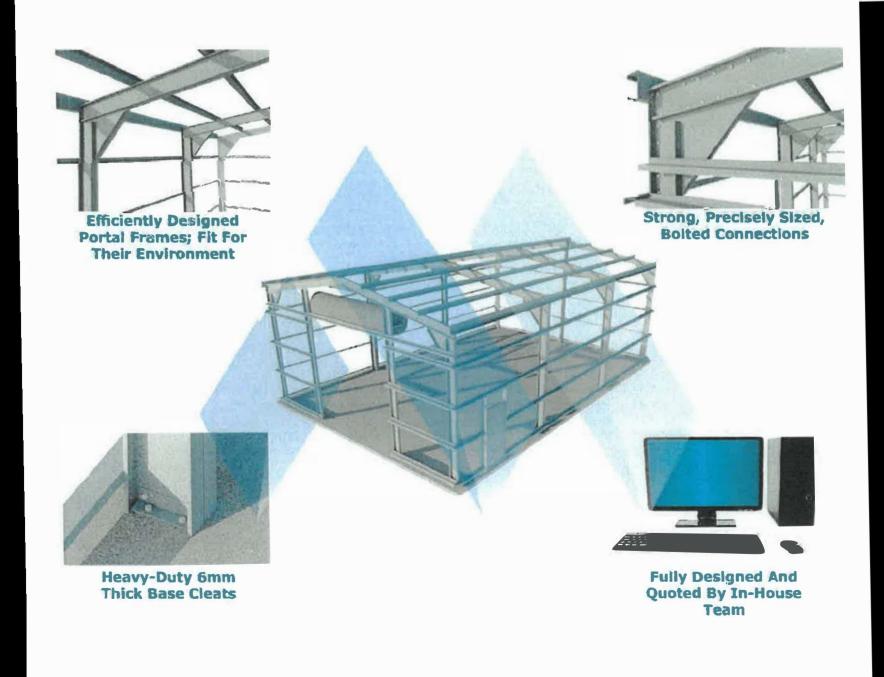
**Additional Information:** 

- 1) Quotation Includes Delivery
- 2) As above with 40mm Insulated roof:
- Supply = £27,330.00 & Erection Fee = £6,845.00
- 3) As above with 40mm Insulated walls & roof:
  - Supply = £31,630.00 & Erection Fee = £7,925.00

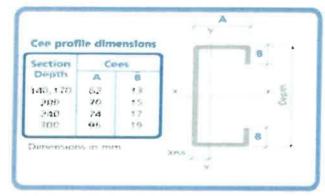
# **Representational Drawings & Illustrations**







#### Cold Rolled 'C' Sections



Cold rolled steel sections are incredibly strong for their weight. This means the combination of cold-rolled steel and portal frame methodology allows relatively small steel sections to span long distances.

This reduces the cost of materials and due to the reduction in weight compared to traditional construction, lifting equipment is kept to a

minimum, resulting in shorter construction times and reduced erection costs.

Cold rolled steel profiles can be stacked into very compact loads. This allows a large building to be transported in a small package, significantly reducing transportation costs. All cold rolled steel sections are cut-to-length with punchings predetermined by our in-house design software; effectively providing your steel building in kit form.

All cold rolled sections are fully galvanised as standard ensuring excellent durability at no extra cost. The galvanising works like a protective, sacrificial coating which will keep your frame from rusting in the elements. This will ensure your building stands the tests of time

	Exposed steel is protected
	MT Month
Zinc	Costin
	Bare Steel



22

#### Why a parkrun at Fitzmaurice Park

- There are over 20 parkuns in Norfolk attracting 1000s of runners, walkers and volunteers every week, and enhancing quality of life. This is a chance for Thorpe St Andrew to be part of this success story.
   A parkrun In Fitzmaurice Park would encourage more people from the local community to use the park. A local mobile coffee shop could even be set up during the event.
- Dussindale does not have a high street or local community shops, so locals do not have many opportunities to meet spontaneously. This would be a **regular event** open to everyone without charge for one hour every Saturday.
- It would encourage local people to **exercise**. We know Thorpe has an **ageing population** so this is particularly important for our area. As well as physical health, parkrun has been proven to boost **mental health**.
- Parkrun supports Alzheimer's Research UK and has raised more than £2 million for dementia research. Thorpe has a successful **dementia** support charity, so a parkrun based in Thorpe St. Andrew will be a perfect fit. Parkrun also supports Mind and Macmillan Cancer Support.
- Once up and running, there is **no cost in maintaining** parkrun. In short, it is an extremely **efficient and cost-effective** way of benefiting the community over the long term.

#### **Potential Hurdles & Solutions**

- Other Park users We have devised a route with minimal disruption to other users; we are only planning on using the upper part of the park with this in mind. Crucially it is only for **one hour every week** and other park users, dog walkers etc. can still use the park while it is happening.
- **Parking** We feel Fitzmaurice Park would be better for a parkrun than Sir George Morse Park because the parking in the Pavillion and along Pound Lane is unlikely to disturb local people as much as parking along Laundry Lane. Furthermore, Fitzmaurice Park does not have football on Saturday mornings which could be a problem at Sir George Morse Park. On our advertised parkrun web page, we would direct people to the car park inside Fitzmaurice Park and then along Pound Lane if that is full. In any event, although some people will probably come from further afield, we are wanting this to be a parkrun mostly for local people and will encourage people to leave cars at home if possible. The American Football manages with their parking even though it lasts all afternoon.
- **Toilets** We would need to have access to the Pavilion so a toilet could be used during the event and have discussed this with ground-staff.
- Storage Parkrun requires signage etc. so we would need to have access to a cupboard in the pavilion.
- Other events in the Park– We can easily suspend parkrun on an ad hoc basis for events such as fireworks and St. George's Day. If needed, we can stop for more than one week.
- **Condition of ground** We have talked to Thorpe St Andrew Ground staff and they are confident we can cope with this initiative. Parkrun will allow us to vary the route if the ground becomes damaged.



Michelle Barron, Town Clerk, Thorpe St Andrew Town Council, Fitzmaurice Park, Pound Lane, Norwich NR7 OUL

21st May 2024

parkrun

parkrun (https://www.parkrun.org.uk) is a free, community event where people can walk, jog, run, volunteer or spectate. There are hundreds of parkrun events around the country: each one is completely free to take part in. Each course is 5k in length and the events take place every Saturday morning at 9am. They are organised entirely by community volunteers. They are a brilliant opportunity for people to be active, fit, and healthy in their communities. Crucially, parkrun events are not races: they are all about participating for health and enjoyment and people can walk, jog or run the 5k course at whatever pace they like.

There are already 21 very successful 5k parkrun events all over Norfolk. In Norwich, there are parkrun events in Eaton Park, Sloughbottom Park, Catton Park, and at the UEA (Colney Lane parkrun). They are tremendously popular: on Saturday 18<sup>th</sup> May 2024, across the four Norwich parkrun events, 1531 people of all ages and abilities completed one of the 5k courses, with a further 153 people volunteering. Virtually everyone who takes part completes the event in under one hour, but there is no time limit.

A parkrun in Fitmaurice Park would build on that success and help people of all ages get active, with huge physical and mental health benefits:

It can help inactive people to become physically active in a friendly, positive environment.

There are documented benefits of parkrun for people with a range of long-term physical and mental health conditions.
It can provide great opportunities for people struggling with their mental health to be active and social in a supportive and welcoming event, either through walking/running or volunteering

•There is also research that shows parkrun engages traditionally under-represented populations in physical activity.

It can facilitate social connection for people who are lonely.

info@parkrun.com www.parkrun.com



The physical and mental health benefits of parkrun have been shown repeatedly in qualitative and quantitative research. Here's a link to the open access collection of research papers on parkrun's benefits, published by the Advanced Wellbeing Research Centre at Sheffield Hallam University: <u>https://awrcparkrunresearch.wordpress.com/wp-</u> <u>content/uploads/2023/06/parkrun-research-board-virtual-</u> <u>article-collection-july-2023-4.pdf</u>

#### parkrun

There is also something called the 'parkrun practice initiative' that parkrun organises in conjunction with the Royal College of General Practitioners. It links GPs' surgeries to their local parkrun event and helps doctors to direct patients towards parkrun as a means of improving their physical and mental health: <u>https://elearning.rcgp.org.uk/course/view.php?id=723</u>

parkrun events take place every Saturday, but we recognise that parkrun events sometimes need to be cancelled so that other community events can take place in the park. For example, Blickling parkrun at Blickling Hall takes place on most Saturdays through the year, but does not take place when the National Trust site hosts large concerts in the summer. I understand that Fitzmaurice Park hosts some events (such as an annual fireworks display) and parkrun would simply be cancelled for those days if needs be.

Each parkrun event needs to raise a start-up fee of £4800, but beyond that there are virtually no costs associated with putting on the event each week.

Fitzmaurice Park provides an exciting opportunity to host another successful parkrun event, delivering a range of benefits to the residents of Thorpe St Andrews and surrounding areas.

I hope that I've given you a flavour of what parkrun is and the benefits that it can bring to a community. Please do let me know if you have any questions.

Best wishes,

info@parkrun.com

parkrun regional ambassador, East of England

