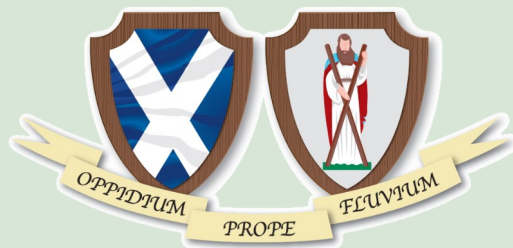




NEWS



THORPE ST ANDREW TOWN COUNCIL

www.thorpestandrew-tc.gov.uk

WINTER 2018

Tel: 01603 701048

FIREWORKS

5TH NOVEMBER 2018

ADULTS £3.00

UNDER 16 £2.00

Family of 4 £10

**TOWN HALL, FITZMAURICE PARK,
POUND LANE. THORPE ST ANDREW
5.00-8.00PM**

**FREE PARKING AT SAINSBURYS, POUND LANE
FROM 5.00PM**

First World War Centenary Garden Unveiled

On Saturday 21st July the Town Council unveiled the community First World War Centenary Garden to commemorate 100 years since the end of the First World War. The Centenary Garden, which features a granite globe as a centre piece, was unveiled by Town Mayor, Councillor John Fisher at a ceremony attended by more than one hundred residents and representatives of local groups.

Unveiling the Garden, Cllr Fisher said "Throughout this final Centenary year, communities across the nation are paying tribute to the First World War generation. By dedicating this Centenary Garden, we can ensure the sacrifice of those who served will be kept in living memory. It is our hope that this dedication will be recognised by the local community as a clear commitment to the importance of the values those who fought in the First World War represent, and that this garden serves as a reminder, both now and in the future". The Revd. James Stewart led the ceremony with a blessing and dedication, with standards being paraded by the Royal British Legion, Combined Ex-Serviceman's Association and Girlguiding UK. Members of the Thorpe Players were in First World War

uniform and gave readings of poems written during the period. Supporting the event with displays and local information were the Thorpe History Group and Girlguiding UK.



Refreshments were generously provided by the Salvation Army Emergency Response Unit. The event was given greater significance by the Occasional Garden Singers, who sang while attendees placed white stones on the Centenary Garden, each containing a name from the War Memorial. This was followed by a picnic at River Green and all were invited to stay and watch the Thorpe Players entertain the audience while Ethan & Reuben Harvey, local brothers whose great, great grandfather fought in the first major World War One battle at Mons were acting as Living Historians dressed in WW1 uniform. The picnic ended with music from the Salvation Army.

Council to be 'Single Use' Plastic Free

Thorpe St. Andrew Town Council has unanimously supported the proposal to become a 'single use' plastic free Council. The Council has moved to degradable or reusable products, replacing 'single use' plastic products where ever possible. This includes degradable bin liners, reusable cable ties, and other environmentally friendly alternatives.

The proponent of this initiative, Town Mayor Cllr John Fisher hopes that this may lead to a wider discussion around single use plastics within the homes and businesses of Thorpe St Andrew. Outlining the case for his proposal, Councillor Fisher said "With estimates of 1.5 million tonnes of plastic being thrown away each year, the impact of single use plastic is significant. As a riverside town we have a great responsibility to protect and enhance the environment we enjoy. By taking this step, it is hoped others may think twice about using that plastic straw or disposable cup. As a Council we should be leading the way and support local businesses and residents who wish to do the same". Already adopting the 'single use' plastic free initiative is The Fat Cat Brewery Tap who provide the licenced bar at all our community events.

No Plastic Please



Nanny's Cakes

The inside of the Morse Pavilion has been transformed into "Nanny's Cakes", a much requested café in the park. Serving not only a variety of homemade cakes, scones, sausage rolls, ice cream and drinks but breakfast as well! Plenty of residents are visiting the café, and not just those out walking their dog on the park. The café is run by local couple Steve and Kate Raven and assisted by family in busy times. Kate also makes special occasion cakes which you can order directly from her at the café. Pop in where a warm welcome awaits you.. Wednesday to Sunday 9am to 4.00pm.

Thorpe St Andrew gets first Public Access Defibrillator

The first 24/7 access defibrillator in Thorpe St Andrew has been installed by the Town Council. This is the third defibrillator the Town Council have installed, with the others being within the buildings at the Sir George Morse and Fitzmaurice Parks.

A public access defibrillator had been a longstanding ambition of the Council, and a letter from local resident, Janet Fancy,



resulted in the Town Council writing to businesses near River Green to seek support. The electrical work was undertaken at no charge by C.R.Wilson Electrical Contractor.

Speaking at the unveiling, the Town Mayor Councillor John Fisher explained "By matching the contributions of Chaplin Farrant and Canham Consulting, I am really pleased we have managed to get a publicly accessible defibrillator for the town. This is something the Town Council is really passionate about and after it was agreed last month, it is great to see installation taking place so quickly". Peter French, Joint Managing Director, Canham Consulting said, "We are extremely pleased that Thorpe St Andrew Town Council has identified the importance of having a defibrillator near River Green. Having ourselves recognised a requirement for one to be near our offices, we are delighted to have been able to support the installation."

Managing Director Mark Nolan and Director Mark Camidge from Chaplin Farrant added,

"Having been based in the heart of Thorpe St Andrew for over 50 years, we are pleased to support the Town Council in providing lifesaving equipment for the local community."

Mayoral 'NEWS'

In August the Town Council was assessed by Broadland District Council regarding resilience and emergency procedures. It was noted that Thorpe St Andrew is well prepared with machinery and community buildings available for temporary housing and control centres and the Council was congratulated on their emergency plan.

I am pleased to report that there is now a community visiting service in TSA. The Council will help promote the service which is provided free of charge by a team of people most of whom are members of different Christian Churches. The Council considered a report from Norfolk Music Service which provides music support to young people and required locations for practice. It was agreed to support this initiative and provide a slot at the Roxley Hall. I was very pleased that Council welcomed my proposal to adopt a policy to prevent the use of 'single use plastics' both as a Council and with our suppliers .and also to encourage local businesses to phase out the use of plastics and promote alternatives. I can now report that after agreeing the policy in August we have already sourced degradable bags for our litter bins.

I was proud to unveil the memorial in the new WW1 commemorative garden and thank all the people and organisations involved with this very successful afternoon. The garden not only signifies those lost in the war but also the involvement of the many individuals in Thorpe St Andrew who helped both in the main hospital and the number of private houses which were turned into hospitals to care for the many casualties of the war. I was honoured also to the launch the Electric Boat Hire company, operating from River Green and pleased the Town Council has been able to support this venture. The wonderful summer weather has ensured that the service got off to a good start and latest reports are of a very satisfactory first season. I am conscious of the threat of global warming plus air quality so I was delighted to be invited to view the new Zero Emissions Taxis. As a new business in Thorpe I wish them every success. The cars are 100% electric and charged by solar panels on the operators' houses or from a renewable energy company when there is no sun over Dussindale. In my role as chairman of the Norfolk Waste Partnership I was very pleased to visit the Material Recycling Facility at Costessey to mark the milestone of the millionth ton of material to be processed. Norfolk is one of the top recyclers in the country but there is always scope to improve and if anybody is confused about what can or cannot be recycled just log on to web site www.recyclefornorfolk.com. The biggest confusion seems to centre around plastics. Simple rule is any hard moulded plastic can be recycled, any thin plastic film like sweet wrappers or crisp packets, bubble wrap, cling film cannot. Please keep materials for recycling loose and not in plastic bags and wash food and drink containers to remove residue. I will also be pleased to visit any community groups to talk about recycling or waste prevention.

At the September Council meeting of the Town Council we received an excellent presentation by Ollie Coe outlining his proposals to establish a Youth Council in Thorpe St Andrew. This is something the Town Council has looked at before but not managed to take forward. Ollie has recently undertaken work experience with the Council and spent a day accompanying me to find out about the duties of a councillor. Mr Coe explained his draft proposals for the structure, selection of members and constitution of a proposed Youth

Council. The age range for members would be 13–18 but those holding office would need to be over 15. Town Councillors welcomed his proposals and agreed to move forward with this opportunity to actively engage with young people in the Town. The on-going issues of the renewal of the Thorpe Bowls Club lease has now been agreed and the after lengthy discussions agreement reached by both parties. I would like to personally thank Thomas Foreman our Clerk and the Bowls Club for their work on this. Members considered the request to support the 'There But Not There' 2018 Armistice project for the charity *Remembered*. This is the project backed by Lord Dannatt, and aims to support a number of charities involved with both remembering those fallen, supporting families and injured service personnel. The Town Council agreed to allocate a budget to purchase a 6ft Tommy and some smaller silhouettes.

My civic duties in September started with the raising the Merchant Navy Flag at River Green to mark Merchant Navy Day on September 3rd. This initiative was introduced 5 years ago after representations by ex-Merchant Navy personnel who felt the Merchant Navy was not given the recognition it deserved. Liverpool was the lead Authority for the flag raising, with more areas gradually joining in. Having served 11 years in the Merchant Navy myself, I was honoured to raise the flag for the first time in Thorpe St Andrew. My uniform was a little tight but indicated I had not changed too much in the past 30 years!

I have also presented a number of certificates and medals to children who have been involved with the summer holiday reading challenge. This is a national initiative which is promoted by the County Libraries Service. Any initiative which encourages children to read is to be applauded and I would like to extend thanks to St Williams Library for their involvement and congratulate all the children who read the many books, especially after such a summer of good weather. I have certainly enjoyed the wonderful weather although, for a recent trip to Dorset Steam Fair we did pick the wettest day, to attend and got wet through! A return visit the following day was much more enjoyable.

I must thank Father James and all residents who attended the Civic Service at the Parish Church on Sunday 16th September. We were lucky that Father James could link the Canaries win with the guests from Finland and I suspect we were the only church in the country with a vicar waving a football scarf from the pulpit! Thank you all who made this service a success.

I've thoroughly enjoyed the hot weather during the summer, but we now have colder and shorter days ahead of us with our Fireworks and Christmas lights events to look forward to.

Hopefully both events will be blessed with dry weather. Father Christmas will be arriving by boat again for the lights switch on and I hope to meet many of you at these popular community events.

Cllr John Fisher
Town Mayor





Launch of the first electric taxi in Thorpe St Andrew

Town Mayor Cllr John Fisher officially launched the start of Zerotaxis. The presentation took place at the Town Hall, Fitzmaurice Park, Pound Lane, Thorpe St Andrew. This local company run by Mr Leon Davies and Mr James Phillips, and is a green, eco-friendly, and first all-electric taxi service in the area. The company will operate 2 vehicles, namely a Nissan Leaf, which is capable of 150-170 miles on one full battery charge. This license application was the first one "all- electric" type that had been requested by Broadland District Council. The Council encourages the use of all eco-friendly vehicles, with any engine capacity of less than 1300cc being considered. The electric models having no engine, have zero emission, hence the company name. Mr Davies stated that he uses solar panels for the power needed to charge the taxi, but charging points are allocated around the county at various locations such as supermarkets, service stations and some car dealerships. Town Mayor John Fisher said "We are always looking for environmentally friendly ways to improve air quality, and with zero emissions from these vehicles it seems the ideal way to reduce pollution. We are always very pleased to support new local businesses."

Thorpe Luncheon Club

Every fourth Thursday of every month, the Thorpe Town Council holds a Luncheon Club from midday-2:30pm. It is open for everyone to eat, meet and enjoy good company. The club is £7.50 for a two-course meal, which also includes tea or coffee and you must book your place if you wish to attend by calling 07876689859. The menu changes every month, so be sure to ask what they will be serving before you book. Payments will be collected on the day of the club. This is a great opportunity for people to meet and enjoy themselves. Friendly workers serve you and make you feel welcome. The Luncheon Club started on the 25th January 2018 and has been going strong ever since.

Dussindale Short Mat Bowls

We are a small friendly group who meet at the Dussindale Centre between September and April on Monday and Thursday afternoons between 2 and 4. We don't take part in local leagues but welcome new and experienced players. We have woods for newcomers to use to see if they like the game. The only definite need is for flat-soled shoes. There is no 'uniform'. The cost is £3 per session. If you are interested, ring Geoff on 01603 702979.

Wildlife Matters: Hedgehog Highways

The Town Council is supporting an initiative called Hedgehog Highways. These are small gaps in garden fences and walls, no larger than 13x13cm, which enable hedgehogs to travel through gardens to forage. Proposing the initiative, Cllr Peter Berry said "since the 1960s, the UK hedgehog population has declined from approximately 30 million to 500,000. Hedgehogs can travel 1km to 2km per night in search of habitat and food. Modern fully enclosed gardens makes this nearly impossible for them. We are urging Broadland DC and developers to adopt this policy on new sites".

Thorpe Leisure Bowls Club

Novice and Experienced Players Equally welcome
No tournaments! No Pressure! Just Pleasant Company.
Every Monday and Wednesday afternoons until mid-September, Thorpe Leisure Bowls Club meets at the Bowling Green in the Recreation Ground, Laundry Lane, Thorpe St Andrew, and invites both experienced and novice players to an afternoon's game of bowls, with play starting at 2:00pm. All for £3.00 per afternoon, including refreshments. Never played before? No worries, we can provide all equipment other than foot wear which needs to be flat soled shoes. For further info contact Mr Thompson on 01603 713463.

Mini Moons in Thorpe St Andrew

Did you join the Mini Moons Universe this summer?.....'Making Little Stars shine' is their motto and this summer saw young budding actors enjoy an exciting opportunity to become part of the Mini Moons Universe.....now they want more! Mini Moon's Theatre Co. runs fun and educational drama clubs for children teaching theatre skills, drama games, improvisation, script reading and much more. Their philosophy is to give children the confidence to explore their creative potential in a friendly environment, whilst learning the foundation of theatre and the arts.

'Impact day'

with Community Speed Watch from Jill Wiggy

Back in May speed watch coordinators throughout the county were asked to take part in a day of action organised by Police Inspector Victoria Hedborne. Thorpe St Andrew rose to the idea as usual, and a team monitored St Williams Way. This involved alternating 5 team members for 2 hours. Teams taking part were from Breckland, Gt Yarmouth, Kings Lynn, N & S Norfolk In Broadland

7 teams were involved, 88 vehicles captured, 230 minutes worked, 0 high speeders, 31 letters issued.

These results helped the police to build up a better picture of speeding and traffic offences across the county and will ultimately help them to better direct their tasking and enforcement, as well as to contact drivers and offer words of advice as a precursor to enforcement.

Having been coordinator for Thorpe St Andrew from it's beginning in November 2008 I am now stepping down and leaving the Team in the capable hands of Steve Freeman -Pannett and very supportive team members whom I cannot thank enough for the dedication and friendship they have given me though the scheme. Jill Wiggy

The Parish of Thorpe St Andrew

Fr James writes:

We have been delighted to welcome many people to the Parish Church and the Church of the Good Shepherd for weddings and baptisms and other services throughout the year. The Parish Church is open every day for people to come in and simply soak up the prayerful atmosphere or to light a candle as they remember a loved one, commit a situation in their lives to prayer or give thanks for something.

During the year we have increased our social and fundraising activities and in the next few months several exciting events are coming up at the St Andrew's Centre (our church hall):

27 October 2018 between 10am and 12noon: Autumn Fair – stalls, raffle and refreshments

17 November 2018 at 7.00pm: Old Tyme Music Hall – acts, audience singing and refreshments

In this centenary year of the end of World War One the Town will gather in the morning of **11 November 2018**. The Remembrance Sunday Parade will leave from Broadland District Council offices at 10.30am, gathering at the War Memorial from 10.45am and Two Minutes' Silence at 11.00am and Remembrance Service in the Parish Church at 11.15am. This is always a very well attended occasion.

And then...it seems a long way away but Christmas will soon be with us, with all that this season brings. As these seasons come upon us it is my prayer that we will find time to celebrate that tiny baby, born on that holy night. God bless you all.

The Revd James Stewart

Christmas Services in the Parish of Thorpe St Andrew		
2 December	4.00 to 7.00pm	Christmas Lights Switch-on: Parish Church open for refreshments, stalls, craft activities, Father Christmas and donkeys
9 December	4.00pm	Christingle Service - traditional service with oranges and candles!
16 December	2.30pm	Carols for All at the Good Shepherd
20 December	7.00pm	Town Carol Service at the Parish Church
24 December	2.30pm & 4.00pm 8.00pm 11.30pm	Crib Services at the Parish Church Children – please come dressed as a Nativity figure. Christmas Communion at the Good Shepherd Midnight Mass at the Parish Church
25 December	10.30am	Family Communion with Carols at the Parish Church
More information from your Rector: The Revd James Stewart		
01603 439160	rector@thorpeparishchurch.org	www.thorpeparishchurch.org

Why not join us one Sunday? Our regular services are:

8.00am Holy Communion (short said service) – Good Shepherd | 9.30am Sung Eucharist – Parish Church (Family Eucharist with All age talk – 2nd Sunday of each month) | 10.00am Café Church – 4th Sunday of month at St Andrew's Centre
11.15am Sung Eucharist – Good Shepherd Junior Choir – Wednesdays in term time – 3.45-4.45 pm – Parish Church
Toddler Group – Mondays in term time – 9.30-11.00am - St Andrew's Centre



THORPE ST ANDREW

FIRST WORLD WAR CENTENARY

REMEMBRANCE PARADE

SUNDAY 11th NOVEMBER 2018



Wreath laying approx. 10.45am at the War Memorial,
River Green, Thorpe St Andrew followed by a
Remembrance Service at the Parish Church

WW1 Beacon of Light at River Green 7pm

CAN YOU PLAY THE TRUMPET OR ARE YOU PART OF A BRASS BAND? IF SO,
WHY NOT VOLUNTEER TO PLAY ON THE REMEMBRANCE PARADE.

EMAIL OFFICE@THORPESTANDREW-TC.GOV.UK

CALL 01603 701048

Thorpe Players Present

A CELEBRATION

TO MARK THE

CENTENARY OF THE END

OF THE GREAT WAR

At the Roxley Hall

Saturday 10th November

MUSIC, POETRY & SKETCHES



Admission FREE. Donations invited for
British Legion Poppy Appeal

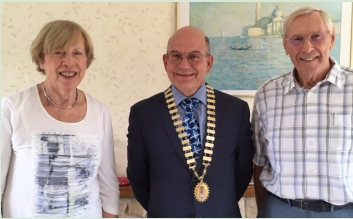
Please book on 01603 702777
Proceeds to the Poppy Appeal

Residents Celebrate Twinning Connections

The announcement in the recent Summer edition of Thorpe St Andrew 'NEWS' of the town's twinning with Saint Andrews in Canada was met with considerable excitement by residents, local groups and businesses alike. We have had a number of visitors to the Town Council office at Fitzmaurice Park talking about the new links and the opportunities for the town to develop these in the coming years. Amongst the excitement it has become clear that Saint Andrews in Canada, isn't as distant to many of our residents as we first thought!



Betty and Mary Davies of Thorpe St Andrew have a family member, Helen Gurney-Smith living in St Andrews, Canada; their cousin's granddaughter. Betty and Mary had visited Helen, a marine biologist, when she was previously based on Vancouver Island where she met and married Canadian Marc Trudel and has now acquired Canadian citizenship. They moved to St Andrews in 2016 and both work at St Andrews Biological Station, a government marine research facility. Their daughter Isla attends the local primary school. Helen was born and attended schools in Norfolk. Her parents from Bramerton visited St Andrews in 2017. Coincidentally Helen completed her PhD at St Andrews, Scotland.



David and Ann Ellis were delighted to see we are twinned with St Andrews in Canada. Ann said "we have relatives in New Brunswick, mostly near Saint John, but one of them lives in St Andrews, where we have been. It is a lovely spot and from the Golf course (not as grand as it's namesake in Scotland!) one can look across the bay to Maine in the USA".

Professor Gordon Copp read with interest the Newsletter article on the twinning of Thorpe St Andrew with Saint Andrews by the Sea. "My mother (Lillian E. Copp) was born and raised in Saint Andrews by the Sea. She was the youngest child of Howard MacNichol (my middle name is Howard), who was apparently Sheriff of Saint Andrews by the Sea. I have some photo books

my sister put together that have images of Saint Andrews by the Sea in the 1940s and later during family visits".



Gateway Vineyard meets on Sundays, 10.30am at Norwich High School on Newmarket Road. Join us from 10am for coffee and pastries with groups for children and young people running throughout the morning.

During the week, you can find us at 'the place' at 61 Spinney Road, NR7 0PL. We are open Tuesday, Wednesday and Thursday, 10am-1pm. Our volunteers are here to chat and listen, or you are very welcome to just come and enjoy some space and refreshments... there is always tea, coffee and snacks!

On Tuesdays and Wednesdays from 3.15 - 4pm high school students are invited to drop in to have a free drink and snacks on the way home from school, play games and chat, meet with friends and make new ones.

On the first Thursday of the month, 1.30-3pm, we run a **Craft Group** for women. If you would like to come and have a go at a different craft each month, and get to know some people along the way, then do get in touch with us - all abilities welcome.

On the last Wednesday of the month 10.30am-12.30pm and second Thursday 7.30pm we run a **Knit and Natter** group at 'the place' - both groups are open to people of all abilities and are free of charge - we just ask for a donation for refreshments and any materials used. 01603 920045 | info@gatewayvineyardnorwich.org.uk | www.gatewayvineyardnorwich.org.uk

Keeping warm and well this winter in Broadland

Broadland District Council has a number of services on offer to help keep you warm this winter.

Warm Homes Fund

Through the Norfolk-wide Warm Homes Fund, residents can apply for financial assistance towards first-time central heating or boiler repairs. The Warm Homes Fund team can also offer support with energy efficiency advice, income maximisation and ways to increase comfort in your home. 01603 430103

Energy Team Services

Boiler Service Grant

The Energy Team at Broadland District Council is pleased to confirm we are able to offer a further year of financial assistance towards boiler servicing. Residents on benefits can apply for a £40 grant towards the cost of servicing a gas or oil boiler. More info and the application form will be in the December issue of the Broadland News.

Oil-filled Radiator Loan

The Energy Team also have a number of oil-filled radiators available for loan in emergency situations where your heating has broken and awaiting repair. These radiators can be borrowed for up to two weeks and require a £10 deposit per heater. For those most vulnerable residents with broken heating, we have a limited supply of warm packs that can help further in ensuring you stay warm.

Big Switch and Save

It is important to check your energy tariff regularly to see if you are getting the best possible deal. If you haven't switched supplier recently or are not on a fixed tariff, you could be overpaying for the energy you use. The Big Switch and Save is a collective switching scheme that could potentially find you a cheaper deal. Register for free and without obligation.

Registration is open 4/12/18 to 11/2/19 Register online at

www.bigswitchandsave.co.uk or for those residents without internet access,

the Energy Team can register you over the phone so please call with a recent bill to hand.

Oil Hubs

For those residents who use heating oil, there is a map of all known oil-buying groups in Norfolk which can be viewed at www.bigswitchandsave.co.uk/oilhubs.

Energy Company Obligation

This is a national scheme which aims to make vulnerable households more energy efficient by providing financial assistance towards loft and cavity wall insulation, and in some cases, replacement boilers (boiler must be broken or if simply inefficient, an insulation measure must also be required). This scheme is not administered through the Council; however we do have a framework of ECO installers which we make referrals to. Contact the Energy Team for more details.

The Energy Team: 01603 430627



New Day Hire Boats at Picturesque River Green

During a very warm summer, the seasonal swarm of ladybirds took a more unusual form with the arrival of Bishy Barney Day Boats at River Green. Operating each day through into September, the electric hire boats have received an overwhelmingly positive response! The boat owners Mark Appel of MBA Marine and Andy Banner of Freedom Boats Bungalow Lane, Thorpe St. Andrew have refurbished and renewed the electric day boats since first 'floating' the idea in 2016. Red in colour and retro in style, these boats were previously an iconic feature of Lake Windermere, meaning they have already seen potentially thousands of happy customers! Launching the service, Town Mayor John Fisher said "it is a great pleasure to see this day boat hire service launch, here at the picturesque River Green. These environmentally friendly electric boats are quiet, easy to manoeuvre and fantastic fun".

Talking about his experience setting up the new venture, Mark Appel explained "We have had incredible support from the Town Council in bringing Bishy Barney Boats to River Green, but more importantly to us is the positivity, good wishes and welcoming responses that we are receiving from the people of Thorpe St Andrew. We hope being here gives the locals something a little bit different to try this summer, maybe getting a few first timers out on the water to

witness the sheer beauty of what's on their doorstep, but easily missed if you stick to the roads. We are seeing interest also from outside of town, it would be nice to think that our presence here could increase visitor numbers and see our neighbouring businesses benefit from our customers"



The Yare Education Trust

The Yare Education Trust is currently made up of six schools including Thorpe St Andrew School

& Sixth Form, Dussindale Primary School & Hillside Avenue Primary & Nursery School. The aim of the trust is to ensure that every child within the trust community enjoys the best possible education. We believe that students should achieve academic success, but also that the educational experience that each child receives should include helping him or her to understand the need for respect and responsibility. Equally, we believe that a good education should include activities beyond the academic curriculum such as sport, fieldwork and educational visits. Our school facilities are available for hire at times when they are not in use by our pupils. Facilities at

Thorpe St Andrew School & Sixth include the following;

- Indoor heated swimming pool
- Sports halls & gyms
- All Terrain All Weather Pitch
- Hard-surface tennis courts and netball courts
- Extensive sports fields, Management Suite
- Specialist Classrooms
- Classrooms
- Drama Studio

We currently let to sport clubs, dance groups, yoga classes, zumba, slimming groups and many more. If you would be interested in finding out more please contact Kris Hart, Lettings Officer on 01603 497777 or email khart2nrk@yare-edu.org.uk who will be able to give you more details about cost and availability.

Dementia Café

Every third Wednesday of every month, the Thorpe Town Council holds small dementia café from 10am-12 noon, where both the dementia victims and their carers can go and talk to people and meet other who are in similar situations. This café is free to attend and if you wish to go, you can walk in and take part without having to sign up.

This is a great opportunity for people to meet others and enjoy themselves. There are lots of friendly and approachable volunteers that attend many of these sessions to help maximise the experience that can be gained from this experience. The Dementia Café has been running for 14 months now, and it is slowly growing and becoming more popular every single month. It is free to attend, we only ask the attendee to make a small donation for their tea, coffee and biscuits to help the café to keep up and running in the

future. The café helps people with memory problems by encouraging them to take part in many different fun activities, so that they can get to know each other and enjoy their time here with other people. The careers are taken into a separate room to talk about their experiences with looking after a dementia victim and allowing them to realise that they are not alone in their journey and that the Dementia Café is there to help them.

Salvation Army

Thorpe Community Choir

Recent research has shown that singing in a group is good for your health because it can...

- Improve your breathing, posture & muscle tension.
- Help with pain relief.

- Help you sustain a healthy immune system.
- Improve your sense of happiness & wellbeing.
- Stimulate your memory.

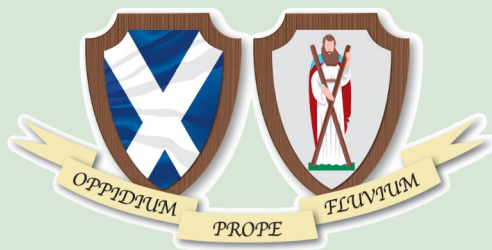
So, whether you have ever sung before or not, do come along and give us a try. We are a friendly and informal choir that meets weekly in term time and

new members are always welcome.

Thorpe Community Choir
Monday (Term time only)
7.30pm—9.00pm at The PACE Centre, Thorpe St Andrew School (off Longfields Road), Thorpe St Andrew
£2 per session, either pop along on the night or ring 01603 439551 if you would like more details.



NEWS



THORPE ST ANDREW TOWN COUNCIL

www.thorpestandrew-tc.gov.uk

WINTER 2018

Tel: 01603 701048



MEET
SANTA AND
HIS
REINDEER

FIREWORKS

FREE ENTRY

FOOD, DRINK,
CRAFTS, GIFTS

Sunday 2nd December
Christmas Lights
Switch-on
4.00pm to 7.00pm
River Green